

**Amy McTear / One True Voice**

**email: [www.amymctear.com](http://www.amymctear.com), email: [amymctear@yahoo.com](mailto:amymctear@yahoo.com), 914-388-0632**

## **Fees and Services**

**Private Mentoring Sessions:** <http://www.amymctear.com/mentoring/>

1 - 75 min. \$125

6 - 75 min sessions: \$600

10 - 75 min sessions: \$850.

**The One True Voice Odyssey:** <http://www.amymctear.com/odyssey/>

A multimedia, musical 1.5 hour event blending cultural and archetypal wisdom with tools, techniques and meditations for self-discovery. Participants leave feeling focused, inspired and with a sense of purpose. Can be followed by 30 min Q & A. \$1050.

**Odyssey & Your Epic Note Workshop Combo:** <http://www.amymctear.com/colleges/>

The Odyssey, plus an additional three hour follow up intensive workshop where students work closely with one another and with Amy to distinguish their true voice from conditioned voices, explore common stumbling blocks and continue the process of moving their lives in the direction of what matters to them most. Participants take away greater clarity of their particular path, as well as tools, meditations and daily exercises for tuning into their one true voice. \$1750.

**THERAPEUTIC SOUND:** <http://www.amymctear.com/therapeutic-sound/>

**For Your School, Workplace, Retreat or Private Session...** to dissolve tension and blockages, increase clarity and productivity.

**'The Quick Fix'** : Recalibrate and return fresh to creative projects and demands of work, life and school. The 60-minute complete journey to relieve stress, still the mind and recharge the body with powerful sounds that elicit deep release, dissolve and renewal. Exotic world instruments such as Symphonic Gong, Singing Bowls, Flutes, Chimes and more. \$650.

**'The Soothing Sound Chamber'** – Great during school midterms and finals, or for the workplace at crunch time. 3 hours of therapeutic sound, stationed in a room where participants are invited to drop in for a quick fix or stay for a deep immersion. Yoga mats, cushions and back-jacks are set up in your place of work or school, allowing people to come and go as needed. \$1,050.

**Intro to Therapeutic Voice Practices** - 60-minute workshop. Simple vocal practices to relieve stress, help access emotional clarity, achieve greater focus, energize, activate and break negative patterns. Participants leave relaxed, energized and empowered to manage their state of health and well being. \$650.

## **Speaking**

20 min speech - \$500 plus travel

1 hour - \$850 plus travel

## **Ceremonies:**

Weddings \$750

Memorials, Rites of Passage, Baby Blessings, Circles - please inquire